



## WHAT WE

### OFFER:

Johns Hopkins, University of Pennsylvania & Similarly Trained Psychiatrists, Nurse Practitioners and Psychologists.

Appointments within 2 weeks, In-office & Virtual Visits, and evening & weekend availability.

Psychiatric Evaluations, Medication Management & Therapy

Typical Initial 60-Min Visit: 350  
Typical Follow-Up Visit: 175

**Individualized & Holistic**  
**In-Office & Telehealth Care**



# Rittenhouse

PSYCHIATRIC ASSOCIATES

Child, Adolescent & Adult  
Outpatient Psychiatry

Your **LOCAL** In-office &  
Telehealth Providers

**PA:** Philadelphia, Pittsburgh  
Paoli & Center Valley

**NJ:** Collingswood

**DE:** Wilmington

**NY:** Manhattan

**FL:** Delray Beach

### CONTACT US:



[Scheduling@RittenhousePA.Com](mailto:Scheduling@RittenhousePA.Com)



267-358-6155



[RittenhousePA.com](http://RittenhousePA.com)



# Rittenhouse

PSYCHIATRIC ASSOCIATES

Thoughtful, Thorough  
& Conscientious Psychiatry

In-Office & Virtual Care





Emily Bernstein, MD & Chris Pagnani, MD  
providing expert commentary on  
Good Day Philadelphia

## CONDITIONS TREATED

- Anxiety
- Depression
- Bipolar Disorder
- Substance Use Treatment
- ADHD
- Adult Autism
- Child Psychiatry
- Psychiatric Evaluations
- Therapy and Medication Management
- Diagnosis & Accommodations for School and Work

## TELEHEALTH PSYCHIATRY

### DONE RIGHT



Unlike large national companies, we provide Individualized, thorough & conscientious care.



We are mindful of the over-prescription of psychiatric medications, including controlled substances.



We tailor holistic plans for patients, discussing diet, exercise & mindfulness.

## OUR MISSION

To provide affordable, academically oriented, evidenced-based & holistic outpatient Psychiatry to the communities that we serve, both in-office & virtually.

## PRACTICE HISTORY

Rittenhouse Psychiatric Associates was founded in 2012, by Dr. Chris Pagnani, an Instructor at The Johns Hopkins Hospital. The practice is currently comprised of 30 Psychiatrists, Psychiatric Nurse Practitioners and Psychologists who are similarly trained. Most teach, or have taught in Academia, which fosters a culture that promotes quality and evidenced-based care, with Recognitions Including "Top Doc" Awards 5 Years and Running.

